

NETWORK OPTIONS QUICK GUIDE

**For Blue Cross and Blue Shield of Nebraska
Groups of Two or More Employees**

Effective Jan. 1, 2020



Offering three unique network options
to provide access to quality providers:

**NETwork BLUE, Premier Select BlueChoice
and Blueprint Health**

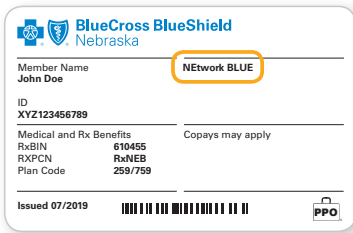
Network Options

Selecting an appropriate network is important to consumers ability to access quality health care and keep expenses manageable.

The following network summaries is available to help you choose an option that best meets the needs of your group:

NEtwork BLUE

Sample ID Card



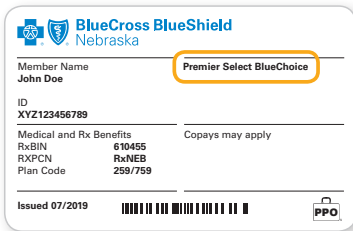
NEtwork BLUE is available throughout the state of Nebraska and includes:

- 100% of non-governmental, acute care hospitals in Nebraska
- 96% of Nebraska physicians

Source: BCBSNE statistics, Sept. 23, 2019.

Premier Select BlueChoice

Sample ID Card



The Premier Select BlueChoice network features Nebraska Methodist Hospital System and Nebraska Medicine. This regional network is available to groups that are headquartered in the Omaha, Lincoln and surrounding communities in ZIP codes starting with 680, 681, 683, 684 and 685. All other Nebraska providers are out of network.

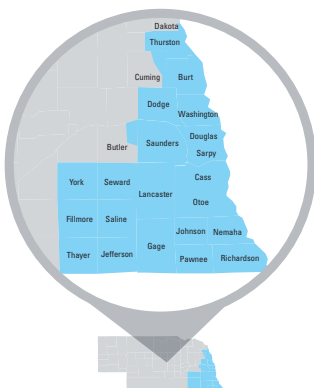
Some of the key hospitals and health care providers include:

OMAHA AREA

- Boys Town National Research Hospital – Downtown and Pacific Street
- Children’s Hospital & Medical Center
- Madonna Rehabilitation Hospital Omaha
- Midwest Surgical Hospital
- Memorial Community Hospital
- Nebraska Medicine
 - Nebraska Medical Center
 - Bellevue Medical Center
- Nebraska Methodist Hospital System
 - Methodist Fremont Health
 - Methodist Hospital
 - Methodist Jennie Edmundson Hospital
 - Methodist Women’s Hospital
- OrthoNebraska
- SecureCare (chiropractors)
- Select Specialty Hospital
- Affiliated physicians and clinics

LINCOLN AREA

- Beatrice Community Hospital
- Bryan Health – East and West
- Community Medical Center
- Fillmore County Hospital
- Henderson Community Hospital
- Howard County Medical Center
- Jefferson Community Hospital Center
- Johnson County Hospital
- Lincoln Surgical Hospital
- Madonna Rehabilitation Hospital Lincoln
- Mary Lanning Memorial Hospital
- Memorial Hospital
- Nemaha County Hospital
- Pawnee County Memorial Hospital
- Saunders Medical Center
- SecureCare (chiropractors)
- Select Specialty Hospital
- Syracuse Area Health
- Thayer County Health Services
- York General Hospital
- Affiliated physicians and clinics



■ In-network service available

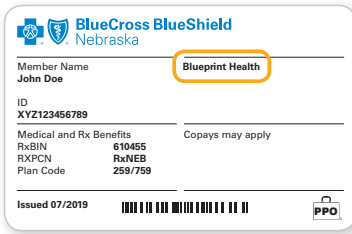
680, 681, 683, 684, 685

■ Out-of-network

686, 687, 688, 689, 690, 691, 692, 693

Blueprint Health

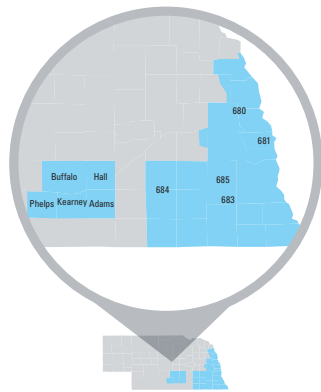
Sample ID Card



The Blueprint Health regional network features CHI Health providers and facilities in Nebraska and contiguous counties in Iowa, as well as other providers.

Blueprint Health is for groups that are headquartered in the Omaha/Lincoln and surrounding communities in ZIP codes starting with 680, 681, 683, 684 and 685, as well as Adams, Buffalo, Hall, Kearney and Phelps counties. All other Nebraska providers are out of network.

Some of the key hospitals and health care providers include:



In-network service available

680, 681, 683, 684, 685 as well as Adams, Buffalo, Hall, Kearney and Phelps counties

- Alegent Creighton Health Services
- Boys Town National Research Hospital – Downtown and Pacific Street
- CHI Health Creighton University Medical Center – Bergan Mercy
- CHI Health Good Samaritan
- CHI Health Immanuel
- CHI Health Lakeside
- CHI Health Mercy Council Bluffs
- CHI Health Midlands
- CHI Health Nebraska Heart
- CHI Health Plainview
- CHI Health Richard Young
- CHI Health Schuyler
- CHI Health St. Elizabeth
- CHI Health St. Francis
- CHI Health St. Mary's
- Children's Hospital and Medical Center
- Lasting Hope Recovery Center
- Lincoln Surgical Hospital
- Nebraska Spine Hospital LLC
- SecureCare (chiropractors)
- Affiliated physicians and clinics

BLUEPRINT HEALTH PROVIDES ACCESS TO:

- Regional hospitals and clinics
- Quick care locations
- Primary and specialty care providers
- Regional heart, cancer and trauma centers
- Children's health care
- Behavioral health network
- Birthing center

Double or Triple Network Option Available

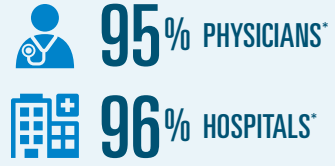
Based on the location of the group's headquarters, double or triple network options are available to offer employees. The employee selects the network based upon their needs. Members living outside the Premier Select BlueChoice or Blueprint Health service area are not able to choose those network options. They would be offered NETwork BLUE.

➤ PROVIDER LISTS SUBJECT TO CHANGE

Note: The provider lists shown in this brochure are not complete lists and are subject to change without notice. To view the most recent complete list, visit NebraskaBlue.com/Find-a-Doctor and follow the instructions on page 5 of this brochure. You may print a copy of the most recent provider list by selecting "Save & Print" on the search results page.

National Provider Access Available With All Networks

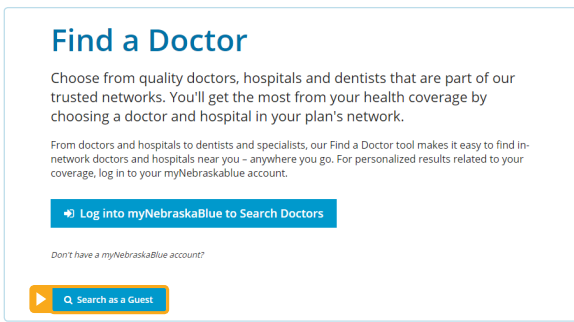
National provider access in all 50 states and the District of Columbia is available through our BlueCard® PPO network. BlueCard seamlessly links the Blue Cross and Blue Shield plans through a single, electronic network and features:



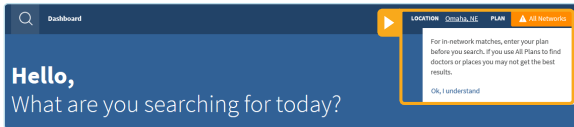
Source: Blue Cross Blue Shield Association, Jan. 29, 2019.

How to Search for In-network Providers

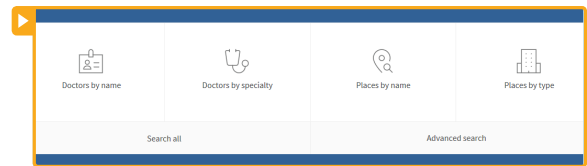
- 1 Go to NebraskaBlue.com/Find-A-Doctor and select **Search as a Guest**.



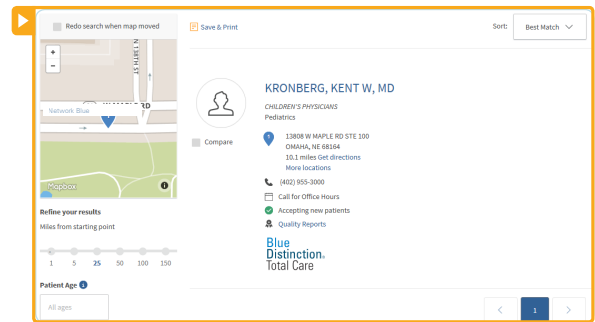
- 2 Enter the network name* by selecting **All Networks > Find a different network > Browse a list of networks**. Then, select the network from the **Available networks** list and confirm your selection. The network name will appear in the top right corner of your screen.



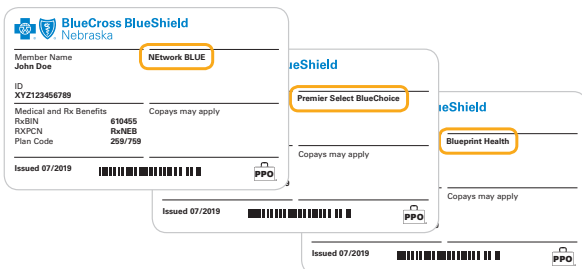
- 3 Select **Doctors by name, Doctors by specialty, Places by name or Places by type** and **enter what you're searching for**. (You may expand or fine-tune your search by selecting **Search all** or **Advanced search**.)



- 4 Your search results will look similar to the below.



Members should refer to their BCBSNE member ID card if they do not know their network name.



Examples are for illustrative purposes only. Search results can be customized as needed.

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Know Before You Go

Members may also find in-network providers and cost information for various health care services by logging in to their online member resource center at myNebraskaBlue.com. Their network will display when they log in to their account.

