

In-Network provider network is shown on your ID card. For help in locating In-Network providers, visit www.nebraskablue.com.

PAYMENT FOR SERVICES	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Deductible (Embedded*) <ul style="list-style-type: none"> • Individual • Family 	\$3,000 \$6,000	\$6,000 \$12,000
Coinsurance <ul style="list-style-type: none"> • Covered Person Pays • Plan Pays 	50% 50%	50% 50%
Out-of-pocket Limit (Embedded*) (includes Deductible, Coinsurance and Copays) <ul style="list-style-type: none"> • Individual • Family 	\$8,000 \$16,000	\$16,000 \$32,000
<p>Once the annual Out-of-pocket Limit is reached, Covered Services are payable by the plan at 100% for the rest of the Calendar Year. In-network and Out-of-network Deductible and Out-of-pocket Limits are separate and do not cross accumulate. All other limits (days, visits, sessions, dollar amounts, etc.) do cross accumulate between In-network and Out-of-network, unless noted differently.</p>		
<p>*Embedded — If you have single coverage, you only need to satisfy the individual Deductible and Out-of-pocket Limit amounts. If you have family coverage, no one family member contributes more than the individual amount. Family members may combine their covered expenses to satisfy the required family Deductible and Out-of-pocket amounts.</p>		

COVERED SERVICES – ILLNESS OR INJURY	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Physician Office <ul style="list-style-type: none"> Primary Care Physician Office Services Specialist Physician Office Services Telehealth Services 	\$40 Copay \$75 Copay \$10 Copay	Deductible & Coinsurance Deductible & Coinsurance Not Covered
Physician Professional Services (outpatient and inpatient services)	Deductible & Coinsurance	Deductible & Coinsurance
Urgent Care Facility Services (a single copay applies to each urgent care visit)	\$75 Copay	Deductible & Coinsurance
Emergency Care Services (services received in a Hospital emergency room setting) <ul style="list-style-type: none"> Facility Professional Services 	Deductible & Coinsurance Deductible & Coinsurance	In-network level of benefits In-network level of benefits
Outpatient Hospital or Facility Services	Deductible & Coinsurance	Deductible & Coinsurance
Inpatient Hospital or Facility Services	Deductible & Coinsurance	Deductible & Coinsurance
Orthopedic Specialty Inpatient Hospital or Facility Services	Deductible & Coinsurance	Deductible & Coinsurance
NOTE: Deductible and Coinsurance may be waived if Covered Services are provided at a designated Preferred Center. See www.nebraskablue.com for a list of Covered Services and designated hospitals.		

PREVENTIVE SERVICES	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
<p>Preventive Services</p> <ul style="list-style-type: none"> Affordable Care Act (ACA) required preventive services (may be subject to limits that include, but are not limited to, age, gender and frequency) ACA required covered preventive services (outside of limits) Other covered preventive services not required by ACA, such as: <ul style="list-style-type: none"> laboratory tests, as specified by Us, including urinalysis, complete blood count, comprehensive metabolic panel and general health panel; Prostate cancer screenings (PSA); and hearing exam; all other laboratory tests; Radiology; cardiac stress test; EKG; pulmonary function and other screening and services. 	<p>Plan Pays 100%</p> <p>Plan Pays 100%</p> <p>Plan Pays 100%</p> <p>Same as illness</p>	<p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p> <p>Same as illness</p>
<p>Immunization</p> <ul style="list-style-type: none"> Pediatric (up to age 7) Age 7 and older Related to an illness 	<p>Plan Pays 100%</p> <p>Plan Pays 100%</p> <p>Same as any other illness</p>	<p>Coinsurance Only</p> <p>Deductible & Coinsurance</p> <p>Same as any other illness</p>
MENTAL ILLNESS AND/OR SUBSTANCE DEPENDENCE AND ABUSE SERVICES	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
<p>Inpatient Services</p>	Deductible & Coinsurance	Deductible & Coinsurance
<p>Outpatient Services</p> <ul style="list-style-type: none"> Office Services Telehealth Services All other Outpatient items and services 	<p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p>	<p>Deductible & Coinsurance</p> <p>Not Covered</p> <p>Deductible & Coinsurance</p>
<p>Emergency Care Services (services received in a Hospital emergency room setting)</p> <ul style="list-style-type: none"> Facility Professional Services 	<p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p>	<p>In-network level of benefits</p> <p>In-network level of benefits</p>

OTHER COVERED SERVICES – ILLNESS OR INJURY	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Ambulance <ul style="list-style-type: none"> • Ground Ambulance • Air Ambulance 	Deductible & Coinsurance	In-network level of benefits
	Deductible & Coinsurance	Deductible & Coinsurance (In-network level of benefits if due to an emergency)
Durable Medical Equipment	Deductible & Coinsurance	Deductible & Coinsurance
Hearing Aids (up to age 19, limited to \$3,000 every 48 months)	Same as any other illness	Same as any other illness
Home Health Care <ul style="list-style-type: none"> • Skilled Nursing Care (limited to 8 hours per day) • Home Health Aide (limited to 60 days per Calendar Year) • Respiratory Care (limited to 60 days per Calendar Year) 	Deductible & Coinsurance	Deductible & Coinsurance
	Deductible & Coinsurance	Deductible & Coinsurance
	Deductible & Coinsurance	Deductible & Coinsurance
Hospice Services	Deductible & Coinsurance	Deductible & Coinsurance
Independent Laboratory <ul style="list-style-type: none"> • Diagnostic • Preventive 	Plan Pays 100%	In-network level of benefits
	Same as Preventive Services In-network level of benefits	Same as Preventive Services In-network level of benefits
Oral Surgery and Dentistry Services such as incision and drainage of abscesses and excision of tumors and cysts. Dental treatment when due to an accidental injury to naturally healthy teeth (treatment related to accidents must be provided within 12 months of the date of injury)	Deductible & Coinsurance	Deductible & Coinsurance

OTHER COVERED SERVICES – ILLNESS OR INJURY	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
<p>Pediatric Dental (up to age 19)</p> <ul style="list-style-type: none"> Preventive and Diagnostic Maintenance and Simple Restorative Complex Restorative Orthodontic Services <p>NOTE: Age and frequency limits apply</p>	<p>Deductible & Coinsurance</p> <p>Deductible & 70% Coinsurance</p>	<p>Deductible & Coinsurance</p> <p>Deductible & 70% Coinsurance</p>
<p>Pregnancy and Maternity Services Pre/Post Natal Care and Delivery</p>	<p>Deductible & Coinsurance</p>	<p>Deductible & Coinsurance</p>
<p>Skilled Nursing Facility (limited to 60 days per Calendar Year)</p>	<p>Deductible & Coinsurance</p>	<p>Deductible & Coinsurance</p>
<p>Temporomandibular and Craniomandibular Joint Disorder</p>	<p>Deductible & Coinsurance</p>	<p>Deductible & Coinsurance</p>
<p>Therapy & Manipulations (Medical Conditions)</p> <ul style="list-style-type: none"> Physical, occupational or speech therapy services, chiropractic or osteopathic physiotherapy <ul style="list-style-type: none"> Habilitative Services: Combined limit to 45 sessions per Calendar Year Rehabilitative Services: Combined limit to 45 sessions per Calendar Year Chiropractic or osteopathic manipulative treatments or adjustments (combined limit to 20 sessions per Calendar Year) <p>*NOTE: session limits for rehabilitative and habilitative services are not applicable to mental illness and/or substance dependence and abuse</p>	<p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p>	<p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p> <p>Deductible & Coinsurance</p>

OTHER COVERED SERVICES – ILLNESS OR INJURY	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Vision Exams <ul style="list-style-type: none"> • Diagnostic (to diagnose an illness) • Preventive (routine exam including refraction) <ul style="list-style-type: none"> • Pediatric (up to age 19) • Adult (age 19 and over) 	See Physician Office Services See Pediatric Vision Services Section Not Covered	See Physician Office Services See Pediatric Vision Services Section Not Covered
Other Covered Services	Deductible & Coinsurance	Deductible & Coinsurance
PEDIATRIC VISION SERVICES	IN-NETWORK PROVIDER	OUT-OF-NETWORK PROVIDER
Pediatric Vision Services are limited to Covered Persons up to age 19.		
Vision Examination (including refraction and dilation, limited to one exam per calendar year)	Deductible & Coinsurance	Deductible & Coinsurance
Eyeglass Frames/Lenses or Contacts (limited to one set of frames and eyeglass lenses per calendar year or one purchase of contact lenses per calendar year) <ul style="list-style-type: none"> • Lenses • Frames • Contact Lenses (in lieu of eyeglasses, includes evaluation and fitting) 	Deductible & 50% Coinsurance Deductible & 50% Coinsurance Deductible & 50% Coinsurance	In-network level of benefits In-network level of benefits In-network level of benefits
Medically Necessary Contact Lenses (in lieu of eyeglasses, for specific conditions) NOTE: Requires Certification in excess of \$600.	Deductible & 50% Coinsurance	In-network level of benefits

