

WEIGHT-LOSS DRUG THERAPY PROGRAM

➔ Frequently Asked Questions

How do I know if the weight-loss plan I participated in fulfills the requirement?

You will need to discuss the plan with your doctor. They will be able to provide feedback to you based on the medical policies for this program.

Which medications are included in the program?

Currently, Zepbound™, Wegovy and Saxenda are the only weight-loss drugs included in this program (medications are subject to change without notice).

Are Mounjaro and Ozempic covered by this program?

The medications included in this Weight Loss Drug Therapy program are Zepbound™, Wegovy and Saxenda. For coverage information about medications not related to weight loss, login to your member account at myNebraskaBlue.com and select Pharmacy Benefits.

If I lose weight during the three months of participating in a medically-supervised weight-loss plan and BMI drops below 30, will I be considered for this program?

If your BMI was 30 or greater in the past six months, this will meet the BMI requirement for this program.

How long does it take for a decision to be made if I'm approved or not?

Once your doctor submits the Weight Loss Drug Therapy Prior Authorization Request form, it may take up to 15 calendar days before a decision is made. You and your doctor will receive notice of the decision via letter.

What if I'm already on one of these medications (i.e. paying out of pocket) and my BMI is now under 30 because of it, will I still be considered?

Please have your provider submit the Weight Loss Drug Therapy Prior Authorization Request form for review.

Where can I get more information about the side effects of the drugs?

Side effects and other information can be obtained from your doctor or pharmacist.



If you have questions about your benefits, please call the Member Services number on the back of your member ID card.