

Health Insurance Benefits for

BREASTFEEDING SUPPORT, SUPPLIES AND COUNSELING

Blue Cross and Blue Shield of Nebraska (BCBSNE) covers several women's preventive services at 100% when members use an in-network provider. Those services include breastfeeding support, supplies and counseling.

To confirm if this benefit is available on your plan, please call our Member Services Department at the number shown on the back of your member ID card.

What is covered at 100%?

Not all breastfeeding support, supplies and counseling services are covered under your plan. Certain criteria must be met for services to be covered at no cost to you.

For breast pumps and supplies to be covered at no cost to you, the pump and supplies must be obtained from an in-network provider. If you receive a pump or supplies from an out-of-network provider, you may be responsible for a large portion

of the purchase if you use an out-of-network provider. To determine your maximum allowable amount, call member services at the number shown on the back of your ID card.

This provision covers either one manual or electric grade breast pump, one per pregnancy. The pump supplies necessary to make the pump operate are also covered. It does not include coverage for other breastfeeding supplies such as maternity bras, nursing pads, additional bottles and other items. Review the list at the end of this document to find an in-network breast pump provider.

Lactation support and counseling is covered when offered by a trained provider with the designation of International Board Certified Lactation Consultant (IBCLC). Covered lactation services include counseling services and lactation classes taught by an IBCLC. NOTE: to receive services at no cost to you, services must be provided by an in-network IBCLC.

How to receive a breast pump at no cost to you:

- Obtain the pump from an in-network provider from the list on the next page (the breast pump provider must also be in-network for your health plan).
- Contact the provider to ensure they sell breast pumps and supplies. Not all durable medical equipment suppliers have them.
- Purchase the breastfeeding equipment at the pharmacy instead of the upfront cashier if the in-network supplier is a retail store. Only the pharmacy of an in-network retail store is considered an in-network durable medical equipment supplier.
- For phone or online orders, breast pumps must be delivered to a Nebraska address to qualify for this benefit.

If you purchase a breastfeeding pump from an out-of-network provider:

- Complete a claim form, attach the original receipt that shows a breast pump was purchased and submit the claim to BCBSNE. Include the type of pump, i.e. manual or electric, and the model number.
- Out-of-network providers will only be reimbursed up to the maximum allowable amount. You will not be reimbursed for any amount over the maximum allowable amount.

The person receiving benefits must be a covered person under the health plan. These services will be covered under your plan's preventive benefits, even if the plan does not cover maternity for the employee, spouse and/or dependents.



Frequently Asked Questions

Q: If I purchase a breast pump at an in-network retail store, is there a difference in reimbursement if I pay for it at the cashiers at the front of the store versus the in-store pharmacy?

A: Yes. To get the breast pump at no charge, you **MUST** go through the retail store's pharmacy. The pharmacy is in-network for durable medical equipment, but not the retail store. If you purchase the breast pump through the cashiers at the front of the store, it will be considered out of network, and you will need to pay the full price of the breast pump and submit a claim to be reimbursed. You will be only reimbursed for a portion of the cost. Going through the pharmacy, you will receive a breast pump at no cost so there is no need to submit a claim.

Q: If I go to an in-network durable medical equipment retail store pharmacy and make the purchase at the pharmacy, do I need to pay anything up front?

A: No, you do not need to pay up front if you purchase the equipment at the pharmacy. The pharmacy will submit the claim directly to BCBSNE. There will be no charge to the member for this purchase at the time of sale. There will also be no need to submit a claim for reimbursement.

Q: Can I get reimbursed for a breast pump given to me as a gift?

A: No.

Q: Do I need a prescription for a breast pump?

A: While not always necessary, some durable medical equipment providers may require a prescription.

Breast Pump In-network Providers

We recommend calling the provider from list below to see if they have the breast pump in stock. You can ask the provider to order the breast pump for you as some do not keep inventory or only carry a limited supply. **Remember, the breast pump must be delivered to a Nebraska address and the provider must be in your health plan's network.**

Provider Name	Phone	Clinic Address	Clinic City	State	ZIP
WELLS DRUG	402-395-3374	113 S 4TH STREET	ALBION	NE	68620
PETERSEN DRUG ALLIANCE HOME CARE	308-762-2877	104 E 6TH ST	ALLIANCE	NE	69301
AEROFLOW, INC. DBA AEROFLOW BREAST PUMPS AND UROLOGY	844-867-9890	3165 SWEETEN CREEK RD	ASHEVILLE	NC	28803
DEINES PHARMACY, INC	402-223-4779	910 COURT ST	BEATRICE	NE	68310
TRI VALLEY HOME MEDICAL SUPPLY	308-697-3155	309 NELSON ST	CAMBRIDGE	NE	69022
TRI VALLEY HEALTH SYSTEM	308-697-3317	1305 W HWY 6 AND 34	CAMBRIDGE	NE	69022
PETERSEN DRUG	308-432-2400	302 MAIN ST	CHADRON	NE	69337
BOB'S U-SAVE PHARMACY	402-564-2883	2759 33RD AVE	COLUMBUS	NE	68601
TOOLEY CLINIC PHARMACY VITAL CARE	402-562-8627	4306 38TH ST	COLUMBUS	NE	68601
TOOLEY DRUG AND HOMECARE	402-564-7205	2615 13TH ST	COLUMBUS	NE	68601
FRONTIER HOME MEDICAL	308-784-3040	304 W 8TH ST	COZAD	NE	69130
KEX RX FALLS CITY, LLC	402-245-2029	120 E 18TH ST	FALLS CITY	NE	68355
PERSONAL CARE, INC	402-245-2001	3003 OLD HWY 73	FALLS CITY	NE	68355
KUBAT PHARMACY & HEALTH HME	402-727-1070	424 W 23RD ST	FREMONT	NE	68025
WEAVER PHARMACY	402-759-4433	1014 G ST	GENEVA	NE	68361
FRONTIER HOME MEDICAL, INC	308-384-4799	802 N WEBB RD	GRAND ISLAND	NE	68803
HAMIK FAMILY PHARMACY, INC	308-382-3784	2105 S LOCUST ST	GRAND ISLAND	NE	68801
BERT'S PHARMACY HME	402-462-4466	1021 W 14TH ST	HASTINGS	NE	68901
BREASTPUMPS AND MORE	402-463-9738	1524 HIGHLAND DR	HASTINGS	NE	68901
FRONTIER HOME MEDICAL	308-995-8660	316 E AVE	HOLDREGE	NE	68949
FULMER U-SAVE PHARMACY	308-995-6105	1317 HILL ST	HOLDREGE	NE	68949
FRONTIER HOME MEDICAL	308-234-3532	3813 2ND AVE	KEARNEY	NE	68847
MID NEBRASKA MOBILITY, INC	308-237-0605	2215 CENTRAL AVE	KEARNEY	NE	68847
BEMIS HOME OXYGEN SERVICE	308-235-2900	125 S CHESTNUT ST	KIMBALL	NE	69145
FRONTIER HOME MEDICAL	308-324-8330	1600 W 13TH ST	LEXINGTON	NE	68850
ACS MEDICAL, LLC	402-467-1014	233 N 48TH ST, STE F	LINCOLN	NE	68504
APRIA HEALTHCARE, LLC	402-434-2950	1631 CUSHMAN DR	LINCOLN	NE	68512
FRONTIER HOME MEDICAL	402-465-0033	4550 O ST	LINCOLN	NE	68510
HELGET, INC	402-484-7373	145 S 66TH ST	LINCOLN	NE	68510
KOHL'S PHARMACY & HOMECARE LINCOLN	402-476-3341	800 N 27TH ST	LINCOLN	NE	68503
MIDWEST RESPIRATORY CARE, INC	402-488-3411	1400 N 48TH ST	LINCOLN	NE	68504
MIDWEST RESPIRATORY CARE, INC	402-420-5241	3510 VILLAGE DR	LINCOLN	NE	68516
MILKWORKS	402-423-6402	5930 S 58TH ST, STE W	LINCOLN	NE	68516

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Provider Name	Phone	Clinic Address	Clinic City	State	ZIP
TOTAL RESPIRATORY & REHAB	402-466-8384	4600 W ST, STE A	LINCOLN	NE	68503
FARRELL'S PHARMACY	308-345-1781	PO BOX 667	MC COOK	NE	69001
FRONTIER HOME MEDICAL	308-345-2089	708 E B ST	MC COOK	NE	69001
U-SAVE PHARMACY AND MEDICAL SUPPLY	308-345-2560	902 N HIGHWAY 83	MC COOK	NE	69001
INNOVATIVE PHARMACISTS, INC	308-382-2816	PO BOX 108	MINDEN	NE	68959
MOSERS U-SAVE PHARMACY	402-873-7707	1821 S 11TH ST	NEBRASKA CITY	NE	68410
WANEK PHARMACY	402-887-5426	410 M ST	NELIGH	NE	68756
FAITH REGIONAL HEALTH SERVICES	402-844-8299	2700 W NORFOLK AVE	NORFOLK	NE	68701
VITAL CARE PHARMACY OF NORFOLK, INC	402-371-3444	120 NORTH 27TH ST, STE 200	NORFOLK	NE	68701
FRONTIER HOME MEDICAL	308-532-2078	1320 S COTTONWOOD, STE 2	NORTH PLATTE	NE	69101
GREAT PLAINS HOMECARE EQUIPMENT	308-534-1873	600 E FRANCIS ST	NORTH PLATTE	NE	69101
WESTFIELD PHARMACY	308-532-5539	1845 W A ST	NORTH PLATTE	NE	69101
ALEGENT CREIGHTON HEALTH CHI HEALTH PHARMACY	402-451-2125	8613 N 30TH ST	OMAHA	NE	68112
ALEGENT CREIGHTON HEALTH CHI HEALTH PHARMACY	402-758-5006	16909 LAKESIDE HILLS CT, STE 107	OMAHA	NE	68130
APRIA HEALTHCARE, LLC	402-731-8700	5505 F ST	OMAHA	NE	68117
BREASTFEEDING SUPPORT AND SUPPLIES	402-707-1696	6017 S 167TH CIR	OMAHA	NE	68135
FOCUS RESPIRATORY, INC	402-991-1950	11811 I ST, STE 3	OMAHA	NE	68137
FRONTIER HOME MEDICAL	402-614-2500	8425 F ST	OMAHA	NE	68127
HEARTLAND HEALTH THERAPY	402-926-4900	11011 Q ST, STE 101C	OMAHA	NE	68137
HEARTLAND HEALTH THERAPY	402-926-4900	5061 S 111TH ST	OMAHA	NE	68137
HELGET, INC	402-339-1056	8609 F ST	OMAHA	NE	68127
KUBAT PHARMACY & HEALTH HME	402-558-8888	4924 CENTER ST	OMAHA	NE	68106
MIDWEST RESPIRATORY CARE, INC	402-592-2435	9931 S 136TH ST, STE 100	OMAHA	NE	68138
MILKWORKS	402-502-0617	10818 ELM ST	OMAHA	NE	68144
PACIFIC PULMONARY SERVICES	308-381-9839	14648 SHEPARD ST, STE 1	OMAHA	NE	68138
PSI HEALTH CARE, INC	402-331-5472	8656 F ST	OMAHA	NE	68127
TOTAL RESPIRATORY & REHAB	402-933-0400	5950 S 118TH CIR	OMAHA	NE	68137
ANDERSON PHARMACY	308-728-5922	1429 M ST	ORD	NE	68862
KOHL'S PHARMACY & HOMECARE-PAPILLION	402-331-8632	1413 S WASHINGTON ST, STE 110	PAPILLION	NE	68046
APRIA HEALTHCARE, LLC	308-632-3559	3912 AVENUE B	SCOTT'S BLUFF	NE	69361
MES TEAM INC	308-635-1017	3802 AVENUE B	SCOTT'S BLUFF	NE	69361
PETERSEN DRUG	308-575-0400	502 W 27TH ST	SCOTT'S BLUFF	NE	69361
WESTERN CPAP SUPPLY, LLC	308-633-3000	416 VALLEY VIEW DR, STE 400	SCOTT'S BLUFF	NE	69361
APRIA HEALTHCARE, LLC	308-632-3243	860 OSAGE ST	SIDNEY	NE	69162
WESTHOLL, INC	402-375-2955	216 7TH ST	WAYNE	NE	68787

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Online Providers:

Provider Name	Phone	Web Address
HOME CARE DELIVERED INC	800-565-6167	HCD.COM
BETTER LIVING NOW INC	631-348-0032	BETTERLIVING NOW.COM
MCKESSON PATIENT CARE SOLUTIONS INC	800-451-6510	MPCS.MCKESSON.COM
EDGE PARK MEDICAL SUPPLIES	800-321-0591	EDGE PARK.COM

This Directory is based upon information available at the time of creation and is subject to change without notice. Providers may change their participation status at any time. Prior to receiving services, please ask your provider if he or she is an in-network provider, or call the Member Services number on the back of your Blue Cross and Blue Shield of Nebraska member ID card.