



# \$0 contraceptive drugs and methods for Prescription Drug Lists (PDL) 20, 30 and 40



Blue Cross and Blue Shield of Nebraska ensures women receive benefits for certain contraceptive methods and counseling in accordance with federal guidelines. The following list of prescription medications, over-the-counter (OTC) medications and supplies may be covered under your plan at no cost when obtained from an in-network pharmacy. For OTC medication and supplies to be processed as in network at no cost, you will need to obtain a prescription from your health care professional. All OTC items must be purchases at the pharmacy counter and not at the store's upfront cashiers.

To confirm your benefits, and when this list is effective for your plan, please call the Member Services number on the back of your member ID card.

The contraceptive drugs listed below will be covered at no cost to you. If the item is not on this list, it may still be covered, but will be subject to your plan's normal prescription drug cost-share amounts.

## BARRIER METHOD TYPES

### *Cervical Caps*

- FEMCAP – cervical cap 22 mm
- FEMCAP – cervical cap 26 mm
- FEMCAP – cervical cap 30 mm

### *Diaphragms*

- CAYA – diaphragm arc-spring
- OMNIFLEX DIAPHRAGM – diaphragms
- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 60 mm
- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 65 mm
- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 70 mm
- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 75 mm
- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 80 mm
- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 85 mm

- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 90 mm
- WIDE-SEAL SILICONE DIAPHR – diaphragm wide seal 95 mm

### *Female Condom*

- FC FEMALE CONDOM – condoms - female
- FC2 FEMALE CONDOM – condoms - female

### *Spermicide*

- ENCARE – nonoxynol-9 vaginal suppos 100 mg
- **Nonoxynol-9 gel 4%**
- OPTIONS GYNOL II VAGINAL – nonoxynol-9 gel 3%
- SHUR-SEAL – nonoxynol-9 gel 2%
- VCF VAGINAL CONTRACEPTIVE – nonoxynol-9 foam 12.5%
- VCF VAGINAL CONTRACEPTIVE – nonoxynol-9 film 28%

### *Sponge*

- TODAY SPONGE – nonoxynol-9 vaginal sponge 1000 mg

## EMERGENCY METHOD TYPES

### *Emergency Ella*

- ELLA – ulipristal acetate tab 30 mg

### *Emergency Progestin*

- **Aftera**
- **Econtra EZ**
- **Econtra One Step**
- **Fallback Solo**
- **levonorgestrel tab 1.5 mg**
- **My Choice**
- **My Way**
- **New Day**
- **Next Choice One Dose**
- **Opcicon One-Step**
- **Option 2**
- **React**
- **Take Action**

*continued*

## Questions?

If you have any questions about this list or your prescription drug benefits, please call the Member Services number on the back of your member ID card.

Generic drug = Blue letters  
BRAND-NAME DRUG = CAPITALS

## HORMONAL METHOD TYPES

### *Injectable Progestin*

- Medroxyprogesterone acetate im susp prefilled syr 150 mg/ml (Depo-provera contraceptive)
- Medroxyprogesterone acetate im susp 150 mg/ml (Depo-provera contraceptive)

### *Oral Combined*

- Altavera
- Alyacen
- Apri
- Aranelle
- Aubra
- Aubra EQ
- Aviane
- Azurette
- Balziva
- Bekyree
- Blisovi Fe
- Blisovi 24 Fe
- Briellyn
- Caziant
- Chateal
- Chateal EQ
- Cryselle
- Cyclofem
- Cyred
- Dasetta
- Delyla
- Desogestrel & ethinyl estradiol tab 0.15 mg-30 mcg (Desogen)
- Desogest-eth estrad & eth estrad tab 0.15-0.02/ 0.01 mg (21/5) (Mircette)
- Desogest-ethin est tab 0.1-0.025/0.125-0.025/ 0.15-0.025 mg (Cyclessa)
- Drospirenone-ethinyl estradiol tab 3-0.02 mg (Yaz)
- Drospirenone-ethinyl estradiol tab 3-0.03 mg (Yasmin 28)
- Drospirenone-ethinyl estrad-levomefolate tab 3-0.02-0.451 mg (Beyaz)
- Drospirenone-ethinyl estrad-levomefolate tab 3-0.03-0.451 mg (Safyral)
- Elinest
- Emoquette
- Enpresse
- Enskyce
- Estarylla
- Ethynodiol diacetate & ethinyl estradiol tab 1 mg-35 mcg
- Ethynodiol diacetate & ethinyl estradiol tab 1 mg-50 mcg
- Falmina
- Femynor
- Gianvi
- Gildagia
- Gildess
- Gildess Fe
- Gildess 24 Fe
- Isibloom
- Juleber
- Junel
- Junel Fe
- Junel Fe 24
- Kaitlib Fe
- Kariva
- Kelnor
- Kelnor 1/50
- Kimidess
- Kurvelo
- Larin
- Larin Fe
- Larin 24 Fe
- Larissia
- Layolis Fe
- Leena
- Lessina

### *Vaginal pH Regulator Gel*

- PHEXXI - lactic acid-citric acid-potassium bitartrate gel 1.8-1-0.4%prefilled syr 150 mg/ml (Depo-provera contraceptive)contraceptive)

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