

Comprehensive Diabetes Care (CDC)

Effectiveness of Care HEDIS® Measure

► HEDIS MEASURE DEFINITION

Patients 18-75 years of age with diagnosis of diabetes (Type 1 and Type 2) in compliance with the following:

- HbA1c control
- Retinal eye exam
- Medical attention for nephropathy
- Blood pressure control

► EXCLUSIONS FOR THE CDC HEDIS MEASURE

Patients are excluded if they:

- Have gestational or steroid-induced diabetes.
- Are a patient living in hospice any time in the measurement year.
- Have an advanced illness and frailty:
 - Medicare members 66 years of age and older with advanced illness in the measurement year or the year prior to the measurement year AND frailty in the measurement year are excluded when claims are received with advanced illness (includes dispensed dementia medication) and frailty codes.
 - Advanced illness codes include conditions such as metastatic cancer, heart failure and late stage kidney disease, billed in the measurement year or the year prior
 - Frailty codes (billed in the current measurement year) include equipment that is typically included on claims, such as hospital beds, wheelchairs and oxygen. However, there are frailty codes that are not always routinely included on claims such as weakness, fatigue, falls, etc.

► MEDICAL RECORDS SHOULD INCLUDE

HbA1c control: HbA1c should be completed two to four times each year. The last HbA1c result of the year must be less than or equal to nine to show evidence of control to count towards star gap closure.

Retinal eye exam: When you receive an eye exam report from an eye care professional for your patient with diabetes:

- Review the report and note if there are any abnormalities. If so, add the abnormalities to the patient's active problem list and indicate what and when follow up is needed.
- Place the report in the patient's medical record.

Medical attention for Nephropathy: This requires documentation of at least one of the following annually: When you receive an eye exam report from an eye care professional for your patient with diabetes:

- Urine albumin or protein screening
- Treatment with an ACE/ARB
- Evidence of CKD stage 4, ESRD
- Evidence of a visit to a nephrologist

Blood pressure control: The last blood pressure reading of the year must be less than 140/90 to show evidence of control. Do not round blood pressure readings.

► CLAIMS SHOULD INCLUDE

Educate patients about the importance of routine screening:

HbA1c control: When conducting an HbA1c in your office, submit the results on the HbA1c claim with the appropriate code:

CPT® II code	Most Recent HbA1c Value
3044F	< 7%
3045F	7.0 - 9.0%
3046F	> 9%

Retinal eye exam results: When results are received from an eye care professional, submit the results on a \$0.01 claim with the appropriate code:

CPT® II code	Retinal Eye Exam Findings
2022F	Dilated retinal eye exam with interpretation by an ophthalmologist or optometrist documented and reviewed
2024F	Seven standard field stereoscopic photos with interpretation by an ophthalmologist or optometrist documented and reviewed
2026F	Eye imaging validated to match diagnosis from seven standard field stereoscopic photo result documented and reviewed.
3072F	Low risk for retinopathy (no evidence of retinopathy in the prior year)

Nephropathy: To report evidence of medical attention for nephropathy during the current year, claims should include the appropriate code:

CPT® II code	Description
4010F	Use when you prescribe an ACE/ARB
3066F	Use to indicate kidney transplant or nephrology visit, patient receiving dialysis or patient being treated for ESRD, CRF, ARF or renal insufficiency
3062F	Positive microalbuminuria test result documented and reviewed
3061F	Negative microalbuminuria test result documented and reviewed
3060F	Positive microalbuminuria test result documented and reviewed

Blood Pressure Control: The claim should include the appropriate code:

CPT® II code	Description
3074F	Most recent systolic blood pressure <130 mm Hg
3075F	Most recent systolic blood pressure 130-139 mm Hg
3077F	Most recent systolic blood pressure ≥ 140 mm Hg
3078F	Most recent systolic blood pressure <80 mm Hg
3079F	Most recent systolic blood pressure ≥90 mm Hg
3080F	Most recent diastolic blood pressure ≥90 mm Hg

Sources:

ⁱHEDIS is a registered trademark of the National Committee for Quality Assurance (NCQA).

ⁱⁱPeter Bach et al. HEDIS 2018 Technical Specifications for Health Plans (National Committee for Quality Assurance 2017), 79-81