

# Statin therapy for patients with cardiovascular disease (SPC)

Effectiveness of Care HEDIS® measure

## Measurement definition

Male patients ages 21–75 and female patients ages 40–75 who are identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and who were dispensed at least one high-intensity or moderate-intensity statin medication and who were at least 80% adherent for the remainder of the measurement year.

## Exclusions

Patients are excluded if they:

- Cannot tolerate statin medications, as evidenced by a claim for myalgia, myositis, myopathy or rhabdomyolysis, during the measurement year.
- Received hospice care during the measurement year.
- Received palliative care during the measurement year.
- Have end-stage renal disease or dialysis in the measurement year or the year prior to the measurement year.
- Have cirrhosis in the measurement year or the year prior to the measurement year.
- Are age 66 and older with advanced illness and frailty (for additional definition information, see the *Advanced Illness and Frailty Guide*).
- Are deceased during the measurement year.
- Have a diagnosis of pregnancy, IVF or at least one prescription for clomiphene (estrogen agonists) during the measurement year or the year prior to the measurement year.

## Information that patient claims should include

In order to exclude patients from the measure who cannot tolerate statin medications, a claim **MUST** be submitted **annually** using the appropriate ICD-10-CM code:

Condition	ICD-10-CM code
Myalgia	M79.10–M79.12, M79.18
Myositis	M60.80–M60.819; M60.821–M60.829; M60.831–M60.839; M60.841–M60.849; M60.851–M60.859; M60.861–M60.869; M60.871–M60.879; M60.88–M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82

## Tips for success

- Prescribe high-intensity or moderate-intensity statin medication to patients diagnosed with ASCVD when clinically appropriate.
- Once patients demonstrate they can tolerate statin therapy, utilize 90-day prescription fills to encourage medication adherence.
- Instruct patients to fill prescriptions using their pharmacy benefit. Claims filled through pharmacy discount programs, cash claims and medication samples would not count. Gap closure is dependent on pharmacy claims.

Category	Medication	
High-intensity	Atorvastatin 40–80 mg Amlodipine-atorvastatin 40–80 mg Rosuvastatin 20–40 mg	Ezetimibe-simvastatin 80 mg Simvastatin 80 mg
Moderate-intensity	Atorvastatin 10–20 mg Amlodipine-atorvastatin 10–20 mg Rosuvastatin 5–10 mg Simvastatin 20–40 mg Ezetimibe-simvastatin 20–40 mg	Pravastatin 40–80 mg Lovastatin 40 mg Fluvastatin 40–80 mg Pitavastatin 1-4mg

## Tips for talking with patients

- Educate your patients on the importance of statin medication adherence.
- Remind patients to contact you if they think they are experiencing adverse effects. If the patient experiences any of the excluded symptoms/conditions, submit an office visit claim with the appropriate ICD-10 code listed on page 1.