

Statin Therapy for Patients with Cardiovascular Disease (SPC)

Effectiveness of Care HEDIS® Measure

► HEDIS MEASURE DEFINITION

This measure examines the percentage of males 21-75 years of age and females 40-75 years of age who are identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and who were dispensed at least one high-intensity or moderate-intensity statin medication during the measurement year.

► EXCLUSIONS FROM THE HEDIS MEASURE

Patients are excluded if they:

- Are in hospice care or living in a long-term institutional setting any time in the measurement year.
- Have a diagnosis of pregnancy, dispensed clomiphene or underwent in vitro fertilization in the measurement year or the year prior.
- Have end-stage renal disease (ESRD) during the measurement year or the year prior.
- Have cirrhosis during the measurement year or the year prior.
- Have myalgia, myositis, myopathy or rhabdomyolysis during the measurement year.
- Have an advanced illness and frailty:
 - Medicare members 66 years of age and older with advanced illness in the measurement year or the year prior AND frailty in the measurement year are excluded when claims are received with advanced illness (includes dispensed dementia medication) and frailty codes.

► GENERAL TIPS

- Prescribe at least one high-intensity or moderate-intensity statin medication during the measurement year for patients diagnosed with ASCVD.

Generic Statin Therapy	
High-intensity statin therapy	<ul style="list-style-type: none"> • Atorvastatin 40 mg-80 mg • Rosuvastatin 20 mg-40 mg
Moderate-intensity statin therapy	<ul style="list-style-type: none"> • Atorvastatin 10 mg-20 mg • Lovastatin 40 mg • Pravastatin 40 mg-80 mg • Rosuvastatin 5 mg-10 mg • Simvastatin 20 mg-40 mg

- If medication samples are given to the patient instead of a prescription, a pharmacy claim will not be generated and may result in inaccurate HEDIS measurement scores.
- When patients are not able to tolerate statin medications, they are excluded from the measure. Document their condition in the medical record and submit a claim using the appropriate code listed in the table on the next page.

Condition	ICD-10 Code	Description
Myalgia	M79.1	Myalgia, unspecified site
	M79.11	Myalgia of mastication muscle
	M79.12	Myalgia of auxiliary muscles, head and neck
	M79.18	Myalgia, other site
Myositis	M60.80	Other myositis, unspecified site
	M60.81	Other myositis shoulder
	M60.811	Other myositis, right shoulder
	M60.812	Other myositis, left shoulder
	M60.819	Other myositis, unspecified shoulder
	M60.82	Other myositis, upper arm
	M60.821	Other myositis, right upper arm
	M60.822	Other myositis, left upper arm
	M60.829	Other myositis, unspecified upper arm
	M60.83	Other myositis, forearm
	M60.831	Other myositis, right forearm
	M60.832	Other myositis, left forearm
	M60.839	Other myositis, unspecified forearm
	M60.84	Other myositis, hand
	M60.841	Other myositis, right hand
	M60.842	Other myositis, left hand
	M60.849	Other myositis, unspecified hand
	M60.85	Other myositis, thigh
	M60.851	Other myositis, right thigh
	M60.852	Other myositis, left thigh
	M60.859	Other myositis, unspecified thigh
	M60.86	Other myositis, lower leg
	M60.861	Other myositis, right lower leg
	M60.862	Other myositis, left lower leg
	M60.869	Other myositis, unspecified lower leg
	M60.87	Other myositis, ankle and foot
	M60.871	Other myositis, right ankle and foot
	M60.872	Other myositis, left ankle and foot
	M60.879	Other myositis, unspecified ankle and foot
	M60.88	Other myositis, other site
	M60.89	Other myositis, multiple sites
	M60.9	Myositis, unspecified
Myopathy	G72.0	Drug-induced myopathy
	G72.2	Myopathy due to other toxic agents
	G72.9	Myopathy, unspecified
Rhabdomyolysis	M62.82	Rhabdomyolysis

► TIPS FOR PATIENT EDUCATION

- Educate your patients on the importance of statin medication adherence.
- Encourage them to obtain 90-day supplies at their pharmacy once they demonstrate they tolerate statin therapy.
- Remind them to contact you if they think they are experiencing adverse effects.