## **DentalEssentials**

### BlueCross BlueShield Nebraska

# Schedule of Benefits Summary

Option 3 (B waits waived)

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Covered Services are reimbursed based on the Allowable Charge. Blue Cross and Blue Shield of Nebraska In -network Providers have agreed to accept the benefit payment as payment in full, not including Deductible, Coinsurance and/or Copayment amounts and any charges for non-covered Services, which are the Covered Person's responsibility. That means In-network Providers, under the terms of their contract with Blue Cross and Blue Shield, can't bill for amounts over the Contracted Amount. In some situations, Out-of-network Providers can bill for amounts over the Out-of-network Allowance.

Deductible						
(the amount the Covered Person pays each						
Calendar Year for combined						
Covered Services before the Coinsurance is						
payable)						
<ul> <li>Individual</li> </ul>	\$50	\$50				
Calendar Year Deductible applies to the following Coverage benefits:	B, C Services	B, C Services				
Calendar Year Maximum Benefit						
(the calendar year amount payable for combined Covered Services for each Covered Person while covered under this plan)	\$1,000	\$1,000				
Calendar Year Maximum Benefit						
applies to the following Coverage benefits:	A, B, C Services	A, B, C Services				
COVERAGE FOR DENTAL SERVICES						
(Coinsurance shown below is the percentage the Covered Person must pay)						
Coverage A (Preventive and Diagnostic)	0%	0%				
Coverage B (Maintenance, Simple Restorative and Oral Surgery)	20%	20%				
Coverage C (Complex Restorative, Periodontics and Endodontics)	50%	<b>50</b> %				
Coverage D (Orthodontic Dentistry)	Not Covered	Not Covered				
WAITING PERIOD						
Coverage A	None	None				
Coverage B	Waived	Waived				
Coverage C	12 Months	12 Months				

**Please note:** This Schedule of Benefits Summary is intended to provide you with a brief overview of your benefits. It is not a contract and should not be regarded as one. For more complete information about your plan, including benefits, exclusions and contract limitations, please refer to the contract. In the event there are discrepancies between this document and the contract, the terms and conditions of the contract will govern.

#### **Coverage for Dental Services**

#### Coverage A – Preventive and Diagnostic

- Comprehensive and/or periodic oral exams
  - two every calendar year
- Consultations (medical necessary)
- Prophylaxis (cleaning, scaling and polishing)
  - two every calendar year
- Topical fluoride

two every calendar year for Covered Persons up to age 16

- Fluoride varnishes
  - two every calendar year
- Sealants (permanent first or second molar teeth)

once every four calendar years for Covered Persons up to age 16

- Pulp vitality tests
- Space maintainers (prematurely lost primary teeth) for Covered Persons up to age 16
- X-rays (intraoral, bitewing, occlusal, periapical, extraoral)
  - full mouth or panorex series
     one every three consecutive calendar years
  - supplemental bitewing one set of four every calendar year

#### Coverage B – Maintenance, Simple Restorative and Oral Surgery

#### • Oral surgery consisting of:

- simple and impacted extractions (orthodontic extractions are not covered)
- alveoloplasty
- removal of dental cysts and tumors
- surgical incision and drainage of dental abscess
- TMJ reduction (of a complete dislocation or fracture resulting from an accidental injury and provided within 12 months of the injury)
- tooth replantation
- excision of hyperplastic tissue

- General anesthesia (medically necessary)
- Restorations

one per tooth every two calendar years

- Temporary crown (within 72 hours of accident)
- Palliative treatment
- Dry socket treatment
- Emergency oral examinations

#### Coverage C – Periodontal, Endodontics and Complex Restorative Dentistry

#### Periodontic Services (treatment of diseases of gums and supporting tooth structure)

- periodontic cleanings four per calendar year
- gingivectomy and gingival curettage
- osseous surgery, including flap entry and closure
- osseous graft
- scaling and root planing
- provisional or permanent periodontal splinting
- mucogingivoplastic surgery
- treatment of acute infection and oral lesions
- full mouth debridement

#### Endodontic Services (treatment of diseases or injuries of pulp chambers, root canals and periapical tissue)

- pulp cap
- vital pulpotomy
- root canal therapy (includes treatment plan x-rays, clinical procedures and follow-up care)
- apical curettage
- root resection and hemisection

- Pre-formed stainless steel or acrylic crowns
- Recement inlays and crowns
- Crowns and labial veneers

one per tooth every five calendar years

- Inlays when used as abutments for fixed bridgework
- Installation of permanent bridges

one every five calendar years

• Dentures – full and partial

one every five calendar years

- Repair of dentures, bridges, crowns and cast restorations
- Denture relining

one every 36-consecutive months

Denture adjustments

after six months from the date of installation

- Core buildup
- Cast post and core in addition to crown

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