DentalEssentials

BlueCross BlueShield Nebraska

Schedule of Benefits Summary

Preventive Plus (with waiting periods)

Payment for Services	In-Network	Out-of-Network
	Provider	Provider

Covered Services are reimbursed based on the Allowable Charge. Blue Cross and Blue Shield of Nebraska In -network Providers have agreed to accept the benefit payment as payment in full, not including Deductible, Coinsurance and/or Copayment amounts and any charges for non-covered Services, which are the Covered Person's responsibility. That means In-network Providers, under the terms of their contract with Blue Cross and Blue Shield, can't bill for amounts over the Contracted Amount. In some situations, Out-of-network Providers can bill for amounts over the Out-of-network Allowance.

Deductible		
(the amount the Covered Person pays each		
Calendar Year for combined		
Covered Services before the Coinsurance is		
payable)		
 Individual 	\$50	\$50
Calendar Year Deductible applies to the following Coverage benefits:	B, C Services	A, B, C Services
Calendar Year Maximum Benefit		
(the calendar year amount payable for combined Covered Services for each Covered Person while covered under this plan)	\$1,000	\$1,000
Calendar Year Maximum Benefit		
applies to the following Coverage benefits:	A, B, C Services	A, B, C Services
COVERAGE FOR DENTAL SERVICES		
(Coinsurance shown below is the percentage the Covered Person must pay)		
Coverage A (Preventive and Diagnostic)	0%	20%
Coverage B (Maintenance, Simple Restorative and Oral Surgery)	20%	30%
Coverage C (Complex Restorative, Periodontics and Endodontics)	50%	50%
Coverage D (Orthodontic Dentistry)	Not Covered	Not Covered
WAITING PERIOD		
Coverage A	None	None
Coverage B	6 Months	6 Months
Coverage C	12 Months	12 Months

Please note: This Schedule of Benefits Summary is intended to provide you with a brief overview of your benefits. It is not a contract and should not be regarded as one. For more complete information about your plan, including benefits, exclusions and contract limitations, please refer to the contract. In the event there are discrepancies between this document and the contract, the terms and conditions of the contract will govern.

Coverage for Dental Services

Coverage A – Preventive and Diagnostic

- Comprehensive and/or periodic oral exams
 - two every calendar year
- Consultations (medical necessary)
- Prophylaxis (cleaning, scaling and polishing)
 - two every calendar year
- Topical fluoride

two every calendar year for Covered Persons up to age 16

- Fluoride varnishes
 - two every calendar year
- Sealants (permanent first or second molar teeth)

once every four calendar years for Covered Persons up to age 16

- Pulp vitality tests
- Space maintainers (prematurely lost primary teeth) for Covered Persons up to age 16
- X-rays (intraoral, bitewing, occlusal, periapical, extraoral)
 - full mouth or panorex series
 one every three consecutive calendar years
 - supplemental bitewing one set of four every calendar year

Coverage B – Maintenance, Simple Restorative and Oral Surgery

• Oral surgery consisting of:

- simple and impacted extractions (orthodontic extractions are not covered)
- alveoloplasty
- removal of dental cysts and tumors
- surgical incision and drainage of dental abscess
- TMJ reduction (of a complete dislocation or fracture resulting from an accidental injury and provided within 12 months of the injury)
- tooth replantation
- excision of hyperplastic tissue

- General anesthesia (medically necessary)
- Restorations

one per tooth every two calendar years

- Temporary crown (within 72 hours of accident)
- Palliative treatment
- Dry socket treatment
- Emergency oral examinations

Coverage C – Periodontal, Endodontics and Complex Restorative Dentistry

Periodontic Services (treatment of diseases of gums and supporting tooth structure)

- periodontic cleanings four per calendar year
- gingivectomy and gingival curettage
- osseous surgery, including flap entry and closure
- osseous graft
- scaling and root planing
- provisional or permanent periodontal splinting
- mucogingivoplastic surgery
- treatment of acute infection and oral lesions
- full mouth debridement

Endodontic Services (treatment of diseases or injuries of pulp chambers, root canals and periapical tissue)

- pulp cap
- vital pulpotomy
- root canal therapy (includes treatment plan x-rays, clinical procedures and follow-up care)
- apical curettage
- root resection and hemisection

- Pre-formed stainless steel or acrylic crowns
- Recement inlays and crowns
- Crowns and labial veneers

one per tooth every five calendar years

- Inlays when used as abutments for fixed bridgework
- Installation of permanent bridges

one every five calendar years

• Dentures – full and partial

one every five calendar years

- Repair of dentures, bridges, crowns and cast restorations
- Denture relining

one every 36-consecutive months

Denture adjustments

after six months from the date of installation

- Core buildup
- Cast post and core in addition to crown

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Dental Essentials Preventive Plus B waits