

# 2023

## ARMOR HEALTH RATE BOOK



BlueCross  
BlueShield  
Nebraska

ARMOR  
HEALTH



Armor Health policies are medically underwritten based on medical history, age, sex and tobacco use. The rates in this book are meant to serve as a general guide for premium rates, your actual rate may vary based on medical underwriting.

## Armor Health Rating Area: ZIP codes beginning with 680 and 681

	Option 1 Armor Health 2500		Option 2 Armor Health 5000		Option 3 Armor Health 7500	
Age	\$2,500 Deductible*		\$5,000 Deductible*		\$7,500 Deductible*	
	Male	Female	Male	Female	Male	Female
0 - 2	\$259.17	\$259.17	\$224.44	\$224.44	\$180.12	\$180.12
3 - 11	\$207.33	\$207.33	\$179.55	\$179.55	\$144.10	\$144.10
12	\$209.06	\$209.06	\$181.05	\$181.05	\$145.30	\$145.30
13	\$210.78	\$210.78	\$182.54	\$182.54	\$146.50	\$146.50
14	\$215.97	\$215.97	\$187.03	\$187.03	\$150.10	\$150.10
15	\$226.51	\$226.51	\$196.16	\$196.16	\$157.42	\$157.42
16	\$234.98	\$238.26	\$203.49	\$206.33	\$163.30	\$165.59
17	\$232.21	\$249.14	\$201.10	\$215.76	\$161.38	\$173.15
18	\$227.72	\$258.82	\$197.21	\$224.14	\$158.26	\$179.88
19	\$216.14	\$267.46	\$187.18	\$231.62	\$150.22	\$185.88
20	\$205.26	\$274.89	\$177.75	\$238.05	\$142.66	\$191.05
21	\$194.89	\$281.10	\$168.78	\$243.44	\$135.45	\$195.37
22	\$185.04	\$286.29	\$160.25	\$247.93	\$128.61	\$198.97
23	\$175.71	\$290.61	\$152.17	\$251.66	\$122.12	\$201.98
24	\$172.78	\$294.06	\$149.62	\$254.66	\$120.08	\$204.38
25	\$168.98	\$297.00	\$146.34	\$257.20	\$117.44	\$206.42
26	\$165.52	\$299.42	\$143.34	\$259.30	\$115.03	\$208.10
27	\$164.31	\$301.66	\$142.30	\$261.24	\$114.19	\$209.66
28	\$165.18	\$303.91	\$143.04	\$263.19	\$114.79	\$211.22
29	\$168.98	\$306.33	\$146.34	\$265.28	\$117.44	\$212.90
30	\$171.22	\$309.10	\$148.28	\$267.68	\$119.00	\$214.82
31	\$173.46	\$312.38	\$150.22	\$270.52	\$120.56	\$217.10
32	\$175.71	\$316.53	\$152.17	\$274.11	\$122.12	\$219.98
33	\$184.70	\$325.51	\$159.95	\$281.89	\$128.37	\$226.23
34	\$194.20	\$334.84	\$168.18	\$289.97	\$134.97	\$232.71
35	\$204.22	\$344.51	\$176.86	\$298.35	\$141.94	\$239.44
36	\$214.76	\$354.36	\$185.98	\$306.88	\$149.26	\$246.28
37	\$225.82	\$364.38	\$195.56	\$315.56	\$156.94	\$253.25
38	\$237.39	\$374.92	\$205.58	\$324.69	\$164.99	\$260.58
39	\$249.66	\$385.64	\$216.21	\$333.96	\$173.51	\$268.02
40	\$262.45	\$396.70	\$227.28	\$343.54	\$182.40	\$275.70
41	\$276.10	\$408.10	\$239.10	\$353.41	\$191.89	\$283.62
42	\$290.26	\$419.67	\$251.37	\$363.44	\$201.74	\$291.67
43	\$305.30	\$431.77	\$264.38	\$373.91	\$212.18	\$300.08
44	\$321.02	\$444.21	\$278.00	\$384.68	\$223.10	\$308.72
45	\$337.43	\$456.82	\$292.22	\$395.61	\$234.51	\$317.49
46	\$354.88	\$469.95	\$307.33	\$406.98	\$246.64	\$326.62
47	\$373.20	\$483.42	\$323.18	\$418.65	\$259.37	\$335.98
48	\$392.38	\$497.25	\$339.80	\$430.62	\$272.70	\$345.59
49	\$412.59	\$511.42	\$357.30	\$442.89	\$286.75	\$355.43
50	\$433.84	\$526.10	\$375.70	\$455.61	\$301.52	\$365.64
51	\$456.13	\$541.14	\$395.01	\$468.62	\$317.01	\$376.09
52	\$479.62	\$556.69	\$415.36	\$482.09	\$333.34	\$386.90
53	\$504.34	\$572.75	\$436.75	\$496.00	\$350.51	\$398.06
54	\$530.25	\$588.99	\$459.20	\$510.07	\$368.52	\$409.35
55	\$557.72	\$605.93	\$482.98	\$524.73	\$387.62	\$421.12
56	\$586.40	\$623.38	\$507.82	\$539.84	\$407.55	\$433.25
57	\$616.64	\$641.17	\$534.01	\$555.26	\$428.56	\$445.62
58	\$648.26	\$659.49	\$561.39	\$571.11	\$450.54	\$458.34
59	\$681.78	\$678.49	\$590.42	\$587.58	\$473.83	\$471.55
60	\$716.85	\$697.84	\$620.79	\$604.33	\$498.21	\$485.00
61	\$753.82	\$717.89	\$652.81	\$621.69	\$523.90	\$498.93
62	\$792.52	\$738.45	\$686.33	\$639.50	\$550.80	\$513.22
63	\$833.47	\$759.52	\$721.78	\$657.74	\$579.26	\$527.87
64	\$876.32	\$781.30	\$758.90	\$676.60	\$609.04	\$543.00
65+	Not eligible for Armor Health coverage.					

## Armor Health Rating Area: ZIP codes beginning with 683 and 685

	Option 1 Armor Health 2500		Option 2 Armor Health 5000		Option 3 Armor Health 7500	
Age	\$2,500 Deductible*		\$5,000 Deductible*		\$7,500 Deductible*	
	Male	Female	Male	Female	Male	Female
0 - 2	\$255.79	\$255.79	\$221.52	\$221.52	\$177.78	\$177.78
3 - 11	\$204.63	\$204.63	\$177.22	\$177.22	\$142.22	\$142.22
12	\$206.34	\$206.34	\$178.69	\$178.69	\$143.41	\$143.41
13	\$208.05	\$208.05	\$180.17	\$180.17	\$144.59	\$144.59
14	\$213.16	\$213.16	\$184.60	\$184.60	\$148.14	\$148.14
15	\$223.57	\$223.57	\$193.61	\$193.61	\$155.38	\$155.38
16	\$231.92	\$235.16	\$200.84	\$203.65	\$161.18	\$163.44
17	\$229.19	\$245.90	\$198.48	\$212.95	\$159.29	\$170.90
18	\$224.76	\$255.46	\$194.64	\$221.22	\$156.21	\$177.54
19	\$213.34	\$263.98	\$184.74	\$228.61	\$148.26	\$183.46
20	\$202.59	\$271.31	\$175.44	\$234.96	\$140.80	\$188.56
21	\$192.36	\$277.46	\$166.58	\$240.27	\$133.69	\$192.83
22	\$182.64	\$282.57	\$158.17	\$244.70	\$126.94	\$196.38
23	\$173.43	\$286.83	\$150.19	\$248.39	\$120.54	\$199.34
24	\$170.53	\$290.24	\$147.68	\$251.35	\$118.52	\$201.72
25	\$166.78	\$293.14	\$144.43	\$253.86	\$115.91	\$203.74
26	\$163.37	\$295.53	\$141.48	\$255.93	\$113.54	\$205.39
27	\$162.18	\$297.74	\$140.44	\$257.85	\$112.71	\$206.94
28	\$163.02	\$299.96	\$141.18	\$259.77	\$113.30	\$208.47
29	\$166.78	\$302.35	\$144.43	\$261.83	\$115.91	\$210.14
30	\$168.99	\$305.08	\$146.35	\$264.20	\$117.45	\$212.03
31	\$171.22	\$308.32	\$148.27	\$267.00	\$118.99	\$214.28
32	\$173.43	\$312.41	\$150.19	\$270.54	\$120.54	\$217.13
33	\$182.30	\$321.28	\$157.87	\$278.22	\$126.70	\$223.29
34	\$191.67	\$330.49	\$165.99	\$286.20	\$133.22	\$229.69
35	\$201.57	\$340.04	\$174.56	\$294.47	\$140.09	\$236.33
36	\$211.97	\$349.76	\$183.57	\$302.89	\$147.32	\$243.08
37	\$222.88	\$359.65	\$193.02	\$311.46	\$154.90	\$249.95
38	\$234.31	\$370.05	\$202.91	\$320.46	\$162.85	\$257.18
39	\$246.42	\$380.62	\$213.40	\$329.62	\$171.26	\$264.54
40	\$259.03	\$391.54	\$224.33	\$339.07	\$180.03	\$272.12
41	\$272.50	\$402.79	\$235.99	\$348.82	\$189.39	\$279.94
42	\$286.49	\$414.22	\$248.10	\$358.71	\$199.11	\$287.88
43	\$301.33	\$426.15	\$260.95	\$369.05	\$209.42	\$296.18
44	\$316.85	\$438.43	\$274.38	\$379.68	\$220.21	\$304.71
45	\$333.05	\$450.88	\$288.42	\$390.46	\$231.46	\$313.36
46	\$350.27	\$463.84	\$303.34	\$401.69	\$243.44	\$322.37
47	\$368.34	\$477.14	\$318.98	\$413.21	\$256.00	\$331.62
48	\$387.27	\$490.78	\$335.38	\$425.02	\$269.15	\$341.10
49	\$407.22	\$504.77	\$352.66	\$437.13	\$283.02	\$350.82
50	\$428.20	\$519.26	\$370.82	\$449.68	\$297.60	\$360.89
51	\$450.20	\$534.10	\$389.87	\$462.53	\$312.89	\$371.20
52	\$473.39	\$549.45	\$409.96	\$475.82	\$329.01	\$381.86
53	\$497.78	\$565.30	\$431.07	\$489.55	\$345.95	\$392.89
54	\$523.36	\$581.34	\$453.22	\$503.44	\$363.74	\$404.03
55	\$550.47	\$598.05	\$476.70	\$517.91	\$382.58	\$415.64
56	\$578.78	\$615.27	\$501.22	\$532.82	\$402.25	\$427.62
57	\$608.62	\$632.84	\$527.06	\$548.04	\$422.99	\$439.82
58	\$639.83	\$650.91	\$554.09	\$563.69	\$444.68	\$452.38
59	\$672.91	\$669.67	\$582.74	\$579.94	\$467.67	\$465.42
60	\$707.53	\$688.77	\$612.72	\$596.47	\$491.74	\$478.70
61	\$744.02	\$708.55	\$644.32	\$613.61	\$517.10	\$492.44
62	\$782.22	\$728.85	\$677.40	\$631.18	\$543.64	\$506.54
63	\$822.64	\$749.65	\$712.40	\$649.20	\$571.74	\$521.01
64	\$864.93	\$771.14	\$749.02	\$667.81	\$601.13	\$535.94
65+	Not eligible for Armor Health coverage.					

## Armor Health Rating Area: ZIP codes beginning with 686 and 689

	Option 1 Armor Health 2500		Option 2 Armor Health 5000		Option 3 Armor Health 7500	
Age	\$2,500 Deductible*		\$5,000 Deductible*		\$7,500 Deductible*	
	Male	Female	Male	Female	Male	Female
0 - 2	\$273.16	\$273.16	\$236.55	\$236.55	\$189.85	\$189.85
3 - 11	\$218.53	\$218.53	\$189.25	\$189.25	\$151.88	\$151.88
12	\$220.35	\$220.35	\$190.82	\$190.82	\$153.14	\$153.14
13	\$222.17	\$222.17	\$192.40	\$192.40	\$154.41	\$154.41
14	\$227.63	\$227.63	\$197.13	\$197.13	\$158.21	\$158.21
15	\$238.74	\$238.74	\$206.75	\$206.75	\$165.93	\$165.93
16	\$247.66	\$251.13	\$214.48	\$217.47	\$172.13	\$174.53
17	\$244.75	\$262.60	\$211.95	\$227.41	\$170.10	\$182.50
18	\$240.02	\$272.79	\$207.86	\$236.24	\$166.81	\$189.59
19	\$227.82	\$281.90	\$197.29	\$244.13	\$158.33	\$195.92
20	\$216.34	\$289.73	\$187.35	\$250.90	\$150.36	\$201.36
21	\$205.42	\$296.29	\$177.89	\$256.58	\$142.76	\$205.92
22	\$195.03	\$301.75	\$168.90	\$261.31	\$135.55	\$209.71
23	\$185.20	\$306.30	\$160.38	\$265.26	\$128.71	\$212.88
24	\$182.10	\$309.94	\$157.70	\$268.41	\$126.56	\$215.41
25	\$178.10	\$313.04	\$154.23	\$271.10	\$123.78	\$217.56
26	\$174.46	\$315.59	\$151.08	\$273.30	\$121.25	\$219.34
27	\$173.18	\$317.96	\$149.98	\$275.35	\$120.36	\$220.98
28	\$174.10	\$320.33	\$150.77	\$277.40	\$120.99	\$222.62
29	\$178.10	\$322.87	\$154.23	\$279.61	\$123.78	\$224.40
30	\$180.46	\$325.78	\$156.29	\$282.13	\$125.42	\$226.42
31	\$182.83	\$329.25	\$158.34	\$285.13	\$127.07	\$228.82
32	\$185.20	\$333.62	\$160.38	\$288.91	\$128.71	\$231.86
33	\$194.67	\$343.09	\$168.58	\$297.11	\$135.30	\$238.45
34	\$204.69	\$352.92	\$177.26	\$305.63	\$142.26	\$245.28
35	\$215.25	\$363.12	\$186.41	\$314.46	\$149.60	\$252.37
36	\$226.36	\$373.50	\$196.02	\$323.45	\$157.32	\$259.58
37	\$238.02	\$384.06	\$206.12	\$332.60	\$165.42	\$266.92
38	\$250.22	\$395.17	\$216.69	\$342.22	\$173.90	\$274.64
39	\$263.14	\$406.46	\$227.88	\$351.99	\$182.89	\$282.49
40	\$276.62	\$418.11	\$239.55	\$362.09	\$192.25	\$290.59
41	\$291.01	\$430.14	\$252.01	\$372.50	\$202.25	\$298.94
42	\$305.94	\$442.34	\$264.94	\$383.06	\$212.62	\$307.42
43	\$321.78	\$455.08	\$278.66	\$394.10	\$223.64	\$316.28
44	\$338.35	\$468.19	\$293.02	\$405.46	\$235.15	\$325.39
45	\$355.66	\$481.49	\$307.99	\$416.97	\$247.18	\$334.63
46	\$374.05	\$495.33	\$323.92	\$428.95	\$259.96	\$344.26
47	\$393.35	\$509.54	\$340.64	\$441.26	\$273.38	\$354.13
48	\$413.56	\$524.10	\$358.14	\$453.87	\$287.42	\$364.25
49	\$434.87	\$539.03	\$376.60	\$466.80	\$302.23	\$374.63
50	\$457.26	\$554.51	\$395.99	\$480.21	\$317.80	\$385.38
51	\$480.76	\$570.35	\$416.34	\$493.93	\$334.13	\$396.40
52	\$505.53	\$586.74	\$437.78	\$508.12	\$351.34	\$407.78
53	\$531.57	\$603.68	\$460.34	\$522.78	\$369.44	\$419.56
54	\$558.88	\$620.80	\$483.99	\$537.61	\$388.42	\$431.46
55	\$587.84	\$638.65	\$509.06	\$553.06	\$408.54	\$443.86
56	\$618.06	\$657.04	\$535.25	\$568.99	\$429.56	\$456.64
57	\$649.94	\$675.79	\$562.85	\$585.24	\$451.70	\$469.68
58	\$683.26	\$695.10	\$591.70	\$601.95	\$474.86	\$483.10
59	\$718.59	\$715.13	\$622.30	\$619.30	\$499.42	\$497.02
60	\$755.56	\$735.53	\$654.31	\$636.97	\$525.11	\$511.19
61	\$794.53	\$756.65	\$688.06	\$655.26	\$552.20	\$525.87
62	\$835.32	\$778.32	\$723.38	\$674.02	\$580.54	\$540.94
63	\$878.48	\$800.54	\$760.76	\$693.26	\$610.54	\$556.38
64	\$923.64	\$823.48	\$799.87	\$713.14	\$641.93	\$572.32
65+	Not eligible for Armor Health coverage.					

## Armor Health Rating Area: ZIP codes beginning with 683 and 685

	Option 1 Armor Health 2500		Option 2 Armor Health 5000		Option 3 Armor Health 7500	
Age	\$2,500 Deductible*		\$5,000 Deductible*		\$7,500 Deductible*	
	Male	Female	Male	Female	Male	Female
0 - 2	\$300.11	\$300.11	\$259.90	\$259.90	\$208.58	\$208.58
3 - 11	\$240.09	\$240.09	\$207.92	\$207.92	\$166.86	\$166.86
12	\$242.09	\$242.09	\$209.65	\$209.65	\$168.26	\$168.26
13	\$244.09	\$244.09	\$211.38	\$211.38	\$169.64	\$169.64
14	\$250.10	\$250.10	\$216.58	\$216.58	\$173.82	\$173.82
15	\$262.30	\$262.30	\$227.15	\$227.15	\$182.30	\$182.30
16	\$272.10	\$275.90	\$235.64	\$238.93	\$189.11	\$191.75
17	\$268.90	\$288.50	\$232.86	\$249.85	\$186.89	\$200.51
18	\$263.70	\$299.71	\$228.36	\$259.55	\$183.27	\$208.30
19	\$250.30	\$309.71	\$216.75	\$268.22	\$173.95	\$215.26
20	\$237.69	\$318.32	\$205.84	\$275.66	\$165.19	\$221.23
21	\$225.69	\$325.52	\$195.44	\$281.90	\$156.85	\$226.24
22	\$214.28	\$331.52	\$185.57	\$287.10	\$148.93	\$230.41
23	\$203.47	\$336.53	\$176.21	\$291.43	\$141.42	\$233.89
24	\$200.07	\$340.53	\$173.26	\$294.90	\$139.05	\$236.66
25	\$195.67	\$343.93	\$169.46	\$297.84	\$135.99	\$239.03
26	\$191.67	\$346.73	\$165.98	\$300.26	\$133.21	\$240.98
27	\$190.27	\$349.33	\$164.78	\$302.52	\$132.24	\$242.78
28	\$191.27	\$351.93	\$165.64	\$304.78	\$132.94	\$244.59
29	\$195.67	\$354.74	\$169.46	\$307.20	\$135.99	\$246.54
30	\$198.27	\$357.94	\$171.70	\$309.97	\$137.80	\$248.76
31	\$200.87	\$361.74	\$173.96	\$313.26	\$139.61	\$251.41
32	\$203.47	\$366.54	\$176.21	\$317.42	\$141.42	\$254.74
33	\$213.88	\$376.94	\$185.22	\$326.43	\$148.65	\$261.98
34	\$224.88	\$387.74	\$194.75	\$335.78	\$156.30	\$269.48
35	\$236.49	\$398.95	\$204.80	\$345.49	\$164.36	\$277.27
36	\$248.70	\$410.35	\$215.37	\$355.37	\$172.84	\$285.19
37	\$261.50	\$421.96	\$226.46	\$365.42	\$181.74	\$293.26
38	\$274.90	\$434.16	\$238.06	\$375.98	\$191.06	\$301.74
39	\$289.10	\$446.57	\$250.37	\$386.73	\$200.93	\$310.36
40	\$303.91	\$459.37	\$263.19	\$397.82	\$211.22	\$319.26
41	\$319.72	\$472.58	\$276.88	\$409.25	\$222.21	\$328.44
42	\$336.13	\$485.98	\$291.09	\$420.86	\$233.61	\$337.76
43	\$353.53	\$499.98	\$306.16	\$432.99	\$245.70	\$347.49
44	\$371.74	\$514.39	\$321.93	\$445.46	\$258.36	\$357.50
45	\$390.74	\$529.00	\$338.38	\$458.11	\$271.57	\$367.66
46	\$410.95	\$544.20	\$355.89	\$471.28	\$285.62	\$378.22
47	\$432.16	\$559.81	\$374.25	\$484.79	\$300.35	\$389.06
48	\$454.37	\$575.82	\$393.48	\$498.66	\$315.78	\$400.19
49	\$477.78	\$592.22	\$413.75	\$512.86	\$332.06	\$411.59
50	\$502.38	\$609.22	\$435.06	\$527.59	\$349.16	\$423.42
51	\$528.20	\$626.63	\$457.42	\$542.66	\$367.10	\$435.51
52	\$555.41	\$644.64	\$480.98	\$558.26	\$386.01	\$448.02
53	\$584.02	\$663.25	\$505.76	\$574.38	\$405.90	\$460.96
54	\$614.03	\$682.06	\$531.75	\$590.66	\$426.75	\$474.02
55	\$645.84	\$701.66	\$559.30	\$607.64	\$448.86	\$487.66
56	\$679.06	\$721.87	\$588.06	\$625.14	\$471.94	\$501.70
57	\$714.06	\$742.48	\$618.38	\$642.98	\$496.28	\$516.02
58	\$750.68	\$763.69	\$650.09	\$661.35	\$521.72	\$530.76
59	\$789.50	\$785.70	\$683.70	\$680.41	\$548.70	\$546.06
60	\$830.11	\$808.10	\$718.87	\$699.82	\$576.93	\$561.63
61	\$872.93	\$831.31	\$755.95	\$719.91	\$606.68	\$577.76
62	\$917.74	\$855.12	\$794.77	\$740.54	\$637.83	\$594.30
63	\$965.16	\$879.53	\$835.83	\$761.67	\$670.78	\$611.27
64	\$1,014.78	\$904.74	\$878.80	\$783.50	\$705.27	\$628.79
65+	Not eligible for Armor Health coverage.					

## NOTES



Blue Cross and Blue Shield of Nebraska is an independent  
licensee of the Blue Cross Blue Shield Association.  
92-243 (09-07-23)