

## Colon Cancer Screening Options for the Average Risk Patient

Name of Test	FOBT	FIT-DNA (Cologuard)	CT Colonography	Flexible Sigmoidoscopy	Colonoscopy
Description of Test	<i>A sample of a bowel movement is tested for blood.</i>	<i>A sample of a bowel movement is tested for blood and abnormal DNA.</i>	<i>An x-ray machine is used to look for abnormal masses inside the colon.</i>	<i>A tube with a camera is used in the lower colon and rectum to look for abnormal masses or cancer.</i>	<i>A tube with a camera is used in the colon and rectum to look for abnormal masses or cancer.</i>
Cost*	82270 (HSgFOBT) or 82274 (FIT)	81528	74263	G01104	G0121
Frequency	Every Year	Every 3 years	Every 5 years	Every 5 years	Every 10 years
Discomfort	No	No	Some	Some	Some
Bowel Prep	No	No	Yes	Yes	Yes
Sedation	No	No	No	Available	Available
Ability to Detect Abnormal Masses	No	No	Yes	Yes	Yes
Performed at Home	Yes	Yes	No	No	No
Things to Consider	<ul style="list-style-type: none"> <li>• FIT: Requires a sample from 1 bowel movement</li> <li>• HSgFOBT: Requires a sample from 3 bowel movements</li> <li>• If positive, further evaluation with a colonoscopy is advised</li> </ul>	<ul style="list-style-type: none"> <li>• Requires a sample from 1 bowel movement</li> <li>• If positive, further evaluation with a colonoscopy is advised</li> </ul>	<ul style="list-style-type: none"> <li>• Exposure to low dose radiation</li> <li>• If positive, further evaluation with a colonoscopy is advised</li> <li>• If an abnormal mass is detected, biopsy for a diagnosis is not possible during the procedure</li> <li>• May detect abnormal findings outside the colon</li> </ul>	<ul style="list-style-type: none"> <li>• Visualizes only the lower one-third of the colon</li> <li>• Able to remove or biopsy abnormal findings during the procedure</li> <li>• Potential to miss an abnormal finding located on the portion of the colon that is not visualized during the procedure</li> <li>• You may need a ride home after the procedure</li> </ul>	<ul style="list-style-type: none"> <li>• Visualizes the entire colon</li> <li>• Able to remove or biopsy abnormal findings during the procedure</li> <li>• You will need a ride home after the procedure</li> </ul>

\*Benefits can be determined by calling the number on your insurance card and giving the customer service agent the five digit number of the test you are considering.